



গড়গাঁও মহাবিদ্যালয়  
GARGAON COLLEGE  
NAAC accredited with 'B' Grade

**REPORT ON  
BODYBUILDING COMPETITION-2021-22**





## Brief Description of the Competition

Bodybuilding improves students' physical condition and can lead to mental health benefits, giving a more transparent state of mind. As a part of co-curricular activities, Gargaon College believes in organising bodybuilding competitions and providing students training for the overall development of the student community. The college has a well setup gymnasium facilities in the campus.

In the year 2021-22, the following students got prizes in the bodybuilding competition

1st

**Dhon Mili**

2nd

**Suraj Singh**

3rd

**Mousum Mohan**



**MR. GARGAON  
DHON MILI**

## Photographs



**Video Link**

