



গড়গাঁও মহাবিদ্যালয়
GARGAON COLLEGE
NAAC accredited with 'B' Grade

Workshop on Preparation for Joining Armed Forces





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Brief Description and Rationale of the Program

The Career Counselling and Guidance Cell at Gargaon College organized a workshop on "Preparation for Joining Armed Forces" on 28th April 2022. The workshop aimed to provide guidance and information to aspiring candidates who aspire to join the Indian Army as officers in various ranks. The event was attended by 211 enthusiastic students.

The workshop featured two distinguished resource persons, Major Jonah Halam and Captain Bibhas Biswas from the 12 Assam Rifles. Both speakers shared their valuable insights and experiences regarding the preparation for the Combined Defence Services (CDS) and Short Service Commission (SSC) examinations.

Major Jonah Halam commenced the workshop by emphasizing the importance of physical and mental preparation for the rigorous selection process. He encouraged the students to adopt a disciplined lifestyle, including regular exercise, healthy eating habits, and proper sleep patterns. Major Jonah highlighted the significance of physical fitness in the armed forces and motivated the students to consider joining the National Cadet Corps (NCC). He informed the participants that individuals holding a C-Certificate in NCC are exempted from the physical test, providing them with a better opportunity to enter the Indian Army as officers after completing their graduate program from any university.

Captain Bibhas Biswas actively interacted with the students, forming small groups to address their individual queries and concerns. He shared personal anecdotes and provided guidance on the overall selection process, including the written examination, personal interview, and physical fitness assessment. Captain Bibhas stressed the significance of comprehensive preparation, including familiarity with current affairs, general knowledge, and the ability to think critically under pressure.

The workshop proved to be immensely beneficial for the participants. It provided them with valuable insights into the various aspects of joining the armed forces as officers. The guidance provided by Major Jonah Halam and Captain Bibhas Biswas equipped the students with a roadmap for their future preparations.

The workshop successfully achieved its objective of motivating and inspiring the students to pursue a career in the armed forces. The attendees left the workshop with a better understanding of the requirements, challenges, and opportunities associated with joining the Indian Army as officers.



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The Career Counselling and Guidance Cell at Gargaon College deserves commendation for organizing such an informative and interactive workshop. The event not only facilitated the dissemination of knowledge but also served as a platform for students to interact with experienced professionals from the armed forces.

In conclusion, the workshop on "Preparation for Joining Armed Forces" was a resounding success. The resource persons, Major Jonah Halam and Captain Bibhas Biswas, shared valuable insights and motivated the students to work towards their aspirations. The event provided a solid foundation for the students' preparation for the CDS and SSC examinations, fostering a sense of enthusiasm and determination among the participants.

Photographs of the Program:





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News Paper Cutting of the Program:

Gargaon College organizes Workshop on Joining Armed Forces

Khairuddin Ahmed, Sibsagar, Apr 28: With an aim to spread awareness and motivate students to take up Armed Forces as a career option, The Internal Quality Assurance Cell and Career Counselling and Guidance Cell of Gargaon College in collaboration with 12 Assam Rifles organized a workshop on 'Joining Armed Forces' at Gargaon College on 28th April, 2022. The workshop was inaugurated by Dr. Rina Handique, Vice Principal of Gargaon College. In her inaugural speech, Dr. Rina Handique spoke about the importance of choosing Armed Forces as a career by the students.

She also highlighted on the various approaches and scope to join the Indian army. Maj. Jonah Halem and Captain Bivash Biswas were invited as Resource persons for the programme. The Resource person, Maj. Jonah Halem delivered a motivational speech to the students and spoke about the various details to get recruited in Armed Forces. In his deliberation, he talked about the eligibility criteria and scope for joining the Armed Forces. He also focused on some approaches and guidelines essential for joining combined Defence Service and NCC Entry Schemes as well. While motivating the students, Maj. Jonah Halem said that by joining Armed Forces, one can serve the nation with sincerity, determination and honesty. Captain Biswas also motivated the students to work towards joining the Armed Forces for serving the nation. The workshop ended with a fruitful interaction by the students. Around 300 students of the college participated in the programme. The workshop was coordinated by Dr. Dilip Kumar Deka, Associate Professor of the Department of Geography and Coordinator of Career Counselling and Guidance Cell, Gargaon