



গড়গাঁও মহাবিদ্যালয়
GARGAON COLLEGE

NAAC accredited with 'B' Grade

REPORT ON MEDICAL CHECKUP

organised by

DEPARTMENT OF COMMERCE





Overview of the program

Name of the programme: Medical Health Checkup B.Com Students, With Special Emphasis On Girl

Students

Objective of the Program: By conducting comprehensive tests, the check-up aimed to identify underlying health problems.

Date: 23rd March, 2022

Organized by: Commerce Department

Visited by: B.Com students

Number of participants: 11

Nature of Activity: Extension

Brief report of the program

The Department of Commerce, Gargaon College has conducted a medical check-up for the B.Com students, with a special emphasis on girl students, on 23rd March 2022 at Nazira Public Health Center. This initiative aimed to prioritize the health and well-being of our students, particularly the female cohort, and provide them with a comprehensive medical examination. The event was unique of its kind and was important from a health perspective.

The primary objective of the Medical Check-Up was to assess the overall health status of the B.Com students, with a specific focus on girl students, identify potential health risks or underlying conditions, and provide appropriate recommendations for their well-being. The department made the arrangement for co-coordinating logistics, arranging medical professionals, and ensuring a smooth execution of the check-up.

The Medical Check-Up included a wide range of assessments to cover various aspects of the students' health, paying special attention to the needs and concerns of girl students.

To promote health awareness among the students, particularly girl students, an informative sessions was also conducted on various topics viz; menstrual hygiene, nutrition, stress management, and the importance of regular health check-ups. The session was aimed to address the specific needs and concerns of girl students and provide them with necessary information and resources for their well-being.



Rationality of the program:

The program will help in preventing underlying health issues and help in healthcare promotion by educating students about healthy habits and lifestyle choices. Also by addressing health concerns and providing appropriate guidance, the check-up aimed to optimize the students' overall performance and productivity.

Link of Participants

	Names
1	Ananya Mohon
2	Priyanka Saikia
3	Nikita Agarwala
4	Parishmita Bora
5	Gautom Baruah
6	Dhrubajyoti Mech
7	Rishav Goswami
8	Biswajit Lahon
9	Rumanna Yesmin Ahmed
10	Gayatri Sonar
11	Nikita Handique



Photographs



Health Check Up Year 2022

GOVT. OF ASSAM
SUBSIDIARY HEALTH CENTRE
NAZIRA, SIVASAGAR

Name of the Patient: Chandana Boruah
Age: 37 Sex: F Address: Dept. of Government
GNP Regd. No.: 20222 Date: 22/10/22

BP: 120/80

Lab: Calcium + vit D₃
1000 70000

Ph. 100. For each coupon / Valid For 3 (three) months

GOVT. OF ASSAM
SUBSIDIARY HEALTH CENTRE
NAZIRA, SIVASAGAR

Name of the Patient: Prasanna Boruah
Age: 35 Sex: M Address: Dept. of Government
GNP Regd. No.: 20221 Date: 22/10/22

BP: 130/90

Ph. 100. For each coupon / Valid For 3 (three) months

GOVT. OF ASSAM
SUBSIDIARY HEALTH CENTRE
NAZIRA, SIVASAGAR

Name of the Patient: Prasanna Boruah
Age: 35 Sex: M Address: Dept. of Government
GNP Regd. No.: 20220 Date: 22/10/22

BP: 105/65

Asithromycin 500
1000 (1000)
2000 (2000)
after food for
1yr. once only
1000 70000

Ph. 100. For each coupon / Valid For 3 (three) months

GOVT. OF ASSAM
SUBSIDIARY HEALTH CENTRE
NAZIRA, SIVASAGAR

Name of the Patient: Prasanna Boruah
Age: 35 Sex: M Address: Dept. of Government
GNP Regd. No.: 20224 Date: 22/10/22

BP: 103/70

1000-1000
to be checked
1000 1000
1000 70000

Ph. 100. For each coupon / Valid For 3 (three) months