



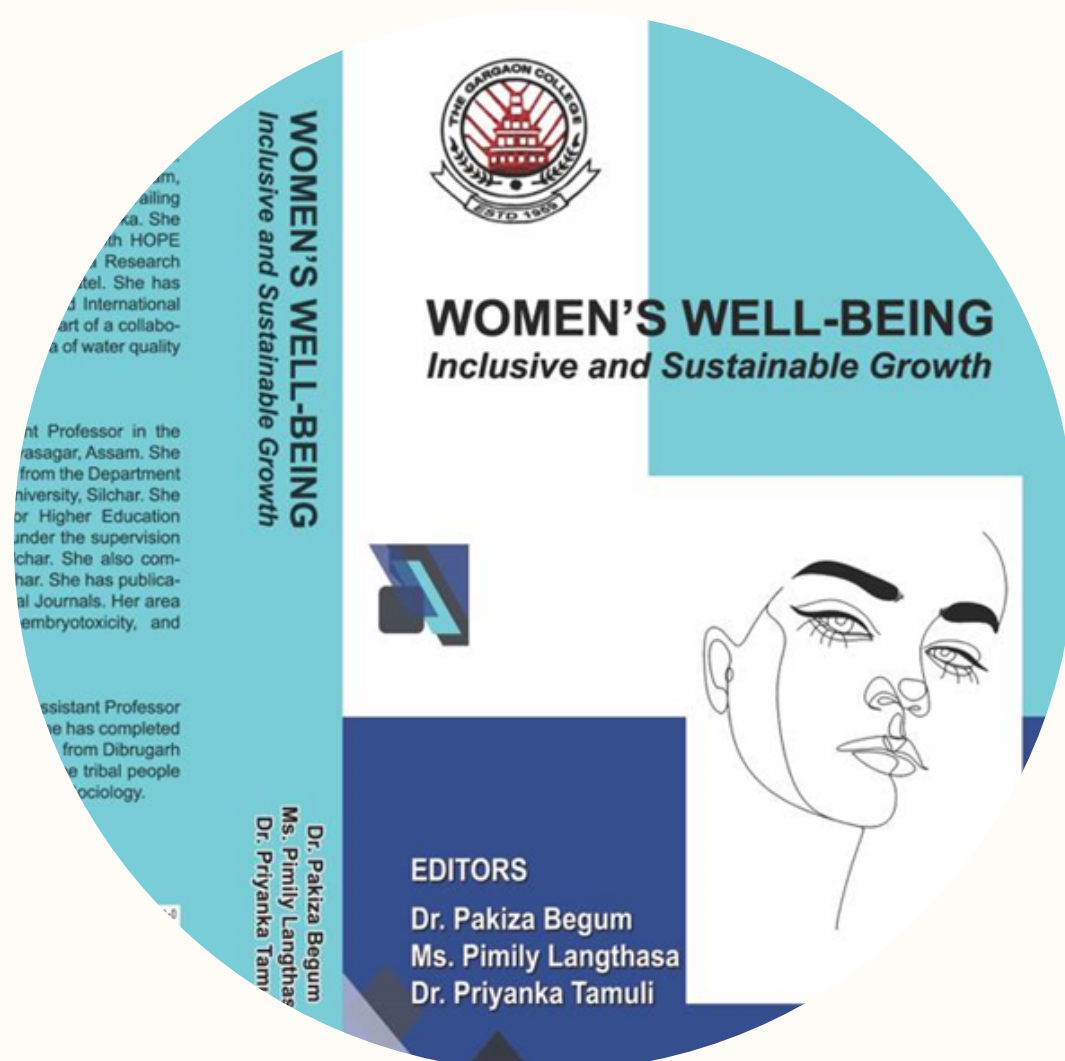
গড়গাঁও মহাবিদ্যালয়

GARGAON COLLEGE

NAAC accredited with 'B' Grade

Book Publication

“Women's Wellbeing: Inclusive and Sustainable Growth”





Foster empathy and understanding between genders

“Women do not need to find a voice, they have a voice and they need to feel empowered to use it, and people need to be encouraged to listen.”

– Meghan Markle

With government's commitment to social justice, giving workforces and employers a voice, and promoting gender equality; it is time to look back, to take stock and to look forward. With this objective, an effort has been put forward to what role have women and women's issues played in the long history, what can we learn from past to understand the present, and how can we use this knowledge to help shape a future of work that delivers on decent work for both women and men. This collective volume provides an important contribution to these reflections and much of it devoted to advancing and empowering women; about their talents, their skills and abilities, as well as the disparities, violence and prejudices that still characterize the female world.

Women comprises nearly two-thirds of total work globally (including household duties), accomplish one-third of the formal labour force, but receive one-tenth of the world's income and own only one-hundredth of the world's property. As women represent almost half of the world's total population, their role in development process is inseparable.

Although our Vedas tell us that women held an important place in ancient culture and no all our gods are worshipped alongside their heavenly consorts. No contradiction is there, no one questions this and it is not considered a sign of weakness to bow to female deities. Women at home and society in general, are a different cup of tea and treated as second class citizens. However, in recent years the position of women in modern India has changed considerably which is determined by the health status, one's decision-making ability, educational status, etc. For establishing strong civilizations, equal rights and equal status for women are a vital aspect. Still a number of issues and aspects need consideration.


Studies on such issues will help a nation to prosper and create valuable civilizations. Education, new economic opportunities, active role in politics can make them economically independent, empowered and make them aware of their rights and responsibilities. Gender equality in every sphere and also increase participation in economic activities is truly essential for the inclusive growth of the women as a whole.

This book on Women's Wellbeing: Inclusive and Sustainable Growth is designed as a research aid for wellbeing of women and inclusive development, would be immensely useful for the purpose. It is also a good read and a fine reference work for anyone who want to work on women related issues.



The book comprises of 38 Chapters, featuring in-depth discussions on relevant topics such as working-class women, gender theories, etc. which are rationally arranged to introduce and explore multidisciplinary approaches on women. This book is focused on field based primary data, secondary data as well as theory. It summarizes some specific problem and developed some great potential for solving problems. This publication is an ideal resource for academicians, students, and researchers that are interested in learning more about the current challenges to the women's rights movement, and how to best combat them. This book focuses women in diverse field like politics, entrepreneurship, provision for protection of women rights; explores current status of women such as fertility behaviours of women, trends of adolescent fertility, anxiety and depression among girls, women in India@75, socio-economic conditions, health status of women and issues of women is discussing from historical perspectives.


Offering a diversity perspective, this book "Women's Wellbeing: Inclusive and Sustainable Growth" is of great interest to academics and practitioners working in teaching and research in disciplines including business management, organizational change, entrepreneurship, human centered management, sustainable development, human resources and women's studies. This book emphasizes on using simple and clear language which seeking for reader's attention. Suggestion for the further improvement of the book will be gratefully received. The editors are grateful to the authority of Gargaon College, Gargaon College Teacher's Unit and Bhabani publications, for showing keen interest in publishing this book. The book was edited by Dr. Pakiza Begum, Dr. Pimily Langthasa and Dr. Priyanka Tamuli; the chief advisor for the same was Dr. Sabyasachi Mahanta.



CALL FOR BOOK CHAPTERS WITH ISBN

Gargaon College Teacher's Unit (GCTU), Gargaon College

WELL-BEING AND EMPOWERMENT OF WOMEN FOR INCLUSIVE AND SUSTAINABLE GROWTH



About the Book: We cannot solve global challenges unless women participate fully in efforts to find solutions as women constitute about half of the world's total population. India is a region of striking socio-economic and cultural diversity with wide variations. Peculiar phrases like 'Invisible hand', 'Subordinated half', etc. which are often used, reflect the lack of equality and human rights enjoyed by women . The position of women in modern India has changed considerably. Her position in modern Indian society is equal to that of men, socially, economically, educationally, politically & legally. Still a number of issues and aspects need consideration. For establishing strong civilizations, equal rights for women are a vital aspect. Studies on these issues will help a nation to prosper and create valuable civilizations.

CHIEF ADVISOR

DR. SABYASACHI MAHANTA
PRINCIPAL
GARGAON COLLEGE

EDITORS

DR. PAKIZA BEGUM
ASSISTANT PROFESSOR
DEPARTMENT OF CHEMISTRY
GARGAON COLLEGE

MS. PIMILY LANGTHASA
ASSISTANT PROFESSOR
DEPARTMENT OF ZOOLOGY
GARGAON COLLEGE

DR. PRIYANKA TAMULI
ASSISTANT PROFESSOR
DEPARTMENT OF SOCIOLOGY
GARGAON COLLEGE

SCHEDULE

Last Date of Submission
15.01.2023

Date of Publication
08.03.2023

COVERAGE

Academic areas covered in this book shall include, but not limited to

- Girl child protection scheme
- NEP- 2020 for progressive growth of women education
- Gender (In)Equality
- International Migration
- Working Environments
- Women & Health
- Women in Sports
- Women & Economics
- Women in political sphere
- Role of Education in Women Empowerment
- Women's Safety and Public Transportation
- Laws Mandating Paid Sick and Parental Leave
- Dayan Pratha, an amalgamation of Patriarchy & superstition
- Women in Contemporary India: Issues & Challenges
- Human Rights with special reference to Women rights
- Problems and issues of Elderly Women
- Women's empowerment in political sphere
- Women in STEM
- Treatment of Women in Prison
- Law/legislation for protection & promotion of Women


GUIDELINES FOR FULL PAPER SUBMISSION

- Abstract (150 words), keywords (3-4) & conclusion should be included.
- Articles including reference should not exceed 2500 words.
- MS word in A4 size, Times New Roman, Font Size-12, Spacing 1.5 and APA referencing style. For assamese, font: Ramdhenu or Gitanjali.
- Author's names, Designation, Address, Phone No. and email Id.
- Plagiarism should be below 20%.
- Language: English & Assamese.
- Publication fee will be taken after selection of the paper.

Publications and processing fee
INR 1500
(Author + Co-author/s)

Registration form link
+ QR code

https://cutt.ly/U1nCs9d



○

○

○

○

○

☎ 8486068270; 8638384230; 8751867267 ✉ wcgctu2022@gmail.com



Photos of the Book

WOMEN'S WELL-BEING: Inclusive and Sustainable Growth

A collection of bilingual research-based articles which is a multidisciplinary approach on "WOMEN'S WELL-BEING: Inclusive and Sustainable Growth" edited by Dr. Pakiza Begum, Ms. Pimily Langthasa and Dr. Priyanka Tamuli, on behalf of Women Cell, Gargaon College Teacher's Unit, published by Gargaon College Publication Cell, Gargaon College, Simaluguri, Sivasagar-785686, Assam



First edition: May, 2023

ISBN: 978-81-945305-1-0
© The Gargaon College

Price: Rs. 795/-

Published by: The Gargaon College, Simaluguri, Sivasagar, Assam- 785686.

Cover Design: Ms. Pimily Langthasa

Printed at: Bhabani Offset & Imaging Systems Pvt. Ltd., Guwahati-781007

EDITORIAL COMMITTEE

Chief Advisor:
Dr. Sabyasachi Mahanta

Advisors:
Mrs. Monurama Phukan
Dr. Anjan Konwar
Dr. Monjumoni Gogoi Dhar

Members:
Dr. Raktim Pator
Dr. Kabita Phukon
Dr. Shyamolima Saikia
Dr. Ankur Dutta

Editors:
Dr. Pakiza Begum
Ms. Pimily Langthasa
Dr. Priyanka Tamuli

ABOUT THE AUTHORS



Dr. Pakiza Begum is working as an Assistant Professor in the Department of Chemistry, Gargaon College, Sivasagar, Assam. She is gold medalist in Masters in Chemical Sciences program, Tezpur University. She completed her Ph. D degree availing DST-INSPIRE-JRF and SRF under Prof. Ramesh Ch. Deka. She was selected as JSPS-HOPE Fellow to attend Seventh HOPE Meeting in Tokyo, Japan. She has also worked as a Research Associate at IIT, Guwahati with Prof. Bhisma K. Patel. She has more than 20 publications in reputed National and International Journals. She worked with Prof. CRA Catlow as part of a collaboration project. Currently, she is working in the area of water quality assessment and analysis.



Pimily Langthasa is working as an Assistant Professor in the Department of Zoology, Gargaon College, Sivasagar, Assam. She did her Master in Science securing first-class from the Department of Life Science and Bioinformatics, Assam University, Silchar. She is awardee of UGC National Fellowship for Higher Education (NFHE) and currently submitted her thesis under the supervision of Prof. Sarbani Giri, Assam University, Silchar. She also completed her B.Ed. from Assam University, Silchar. She has publications in many reputed National & International Journals. Her area of interest is Environmental Toxicology, embryotoxicity, and Reproductive Toxicology.



Dr. Priyanka Tamuli is currently working as an Assistant Professor in Department of Sociology, Gargaon College. She has completed her M.phil from Rajiv Gandhi University and Ph.D. from Dibrugarh University. Her research work is associated with the tribal people of Assam. She authored one text book on Political Sociology.

Price : ₹ 795/-



WOMEN'S WELL-BEING
Inclusive and Sustainable Growth

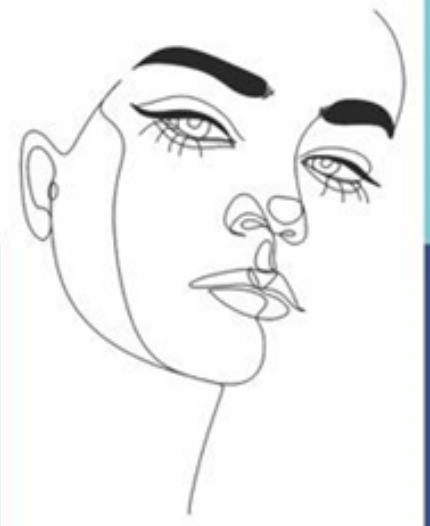
Dr. Pakiza Begum
Ms. Pimily Langthasa
Dr. Priyanka Tamuli



WOMEN'S WELL-BEING Inclusive and Sustainable Growth

EDITORS

Dr. Pakiza Begum
Ms. Pimily Langthasa
Dr. Priyanka Tamuli



CONTENT

- Protection of Women's Rights in India: The Constitutional Provisions. /9
✍ Dr. Sabyasachi Mahanta
- Women's Flood Disaster Vulnerability in Assam: A Gender Perspective /18
✍ Dr. Rituraj Neog and Mrs. Monurama Phukan
- Women Entrepreneurs in India- A Socio-Cultural Perspective /30
✍ Ankita Khataniar and Dr. Sanchaita Rajkhowa
- Practice of Witch Hunting in Assam /37
✍ Dr. Sangita Bharati, Dr. Aswini Kalita, Dr. Pankaj Gogoi and Mr. Lakshinandan Goswami
- Impact of Climate Change on Women /48
✍ Dr. Shyamolima Saikia
- Insights into the Challenges faced by Women Researchers in STEM Workforce: A Case Study /53
✍ Dr. Archana Deka, Dr. Moon Manda and Dr. Viveyan Saikia
- Gender, Feminism and Inequality /66
✍ Mrs. Mina Robidas
- Ecofeminism: Theory and Practice /73
✍ Yuvaraj Gogoi
- NEP2020's contribution towards Women's Progressive Growth in Society /80
✍ Snigdha Choudhury, Anvesha Chaliba, Tushmita Das and Asadulla Asraf Ali
- A brief survey on Anxiety and Depression among Girls: An Overview /89
✍ Sujata Goala and Dr. Kabita Phukon
- Women and Health: A Brief Review on the Disorders related to Menstruation /96
✍ Sandeepa Agarwalla
- Women Health Issues and its Significance: An Overview /101
✍ Sbumita Tbausen
- Levels and Trends of Adolescent Fertility /105
✍ Ms. Ankika Dutta
- Women in Chemistry - Where are we at ? /113
✍ Dr. Sabeen Shebmaaz Begum
- Socio-Economic Condition of Women Workers of Tea Industry in India: Research Indication for the Period from 2000 to 2022 /127
✍ Dr. Mintu Gogoi and Mr. Gautom Hazarika
- A Historical Perspective of Women Education in Assam /136
✍ Dr. Poli Konwar
- Issues of Work Life Balance of Female Healthcare Professionals- A Extract from Literature Review /149
✍ Nomani Dutta
- Empowering Women through Edible Mushroom Industry/159
✍ Sukanya Borthakur, Anurag Protim Das and Jatin Kalita
- Fertility Behavior of Tea Garden Women of Sivasagar District: A Cross-Sectional Study /166
✍ Bornali Dutta
- The position of Meitei Women in the Social History of Ancient Manipur /175
✍ Dr. R.K. Singel Sana
- Social Status and Traditional Practices of Wancho Woman /183
✍ Shomkai Manham
- India @75: The Journey of Women Empowerment /191
✍ Dr. Gitasbri Arandhara and Ananya Kalita
- A Socio-Economic Study on Deori Tribe of Assam /197
✍ Purabi Gogoi and Manurranjan Gogoi
- Problems Encountered by Working Women in India /206
✍ Dipika Saikia
- The Role Conflict of Married Working Women: A Sociological Study /213
✍ Reetamoni Kakoti
- Role of Education in Women Empowerment /220
✍ Romero D'souza and Parishmita Kakoti
- Feminisation of Ageing in India /231
✍ Jayanta Sonowal and Chandini Sonowal
- Role of Education in Women Empowerment /238
✍ Dr. Dipti Saikia
- Role of Education in Women Empowerment /246
✍ Monikha Gogoi
- Feminism Values in Emily Dickinson's Selected Poems /254
✍ Ms. Jesmina Begum
- Industrialization of Mulberry Silk Culture in North East India: Boost Women's Economic Empowerment /260
✍ Darathi Borab Kbound and Anurag Protim Das
- Under-representation of Women in Indian Politics: A Critical Perspective /269
✍ Rimjim Talukdar
- Health Impacts of Women on Household Economy- A case study of Sivasagar and Darrang Districts of Assam /277
✍ Dr. Dilip Kumar Deka
- ইতিহাসবিদ বোমিলা থাপাৰ /288
✍ Dr. Manjumoni Gogoi Dbar
- খামতি সমাজত নাৰীৰ ভূমিকা : এটি বস্তুনিষ্ঠ অধ্যয়ন /294
✍ Dr. Madhuriya Phukan
- জ্যোতিপ্ৰসাদ আগৰৱালা নাটকৰ নাৰী চৰিত্ৰৰ শিল্পীসত্তা : এটি অধ্যয়ন/308
✍ Denjani Bakalial
- অসমীয়া উপন্যাসত আহোম-ৰাজত্বকালৰ ঐতিহাসিক নাৰী /320
✍ Dr. Ankur Dutta
- ভাৰতৰ বিশিষ্ট মহিলা গণিতজ্ঞ /331
✍ Mr. Harekrishna Mili

