



গড়গাঁও মহাবিদ্যালয়
GARGAON COLLEGE

Seven Day Special Camp

(2022-2023)



Overview of the program

Program No. 10

Name of the Program: SEVEN DAY SPECIAL CAMP

Venue: Longkak Gohain Gaon (Adopted Village of NSS Unit, Gargaon College)

Date: 7th to 13th April, 2023

Organized by: NSS Unit, Gargaon College in collaboration with Krishi Vigyan Kendra, Rohdoi

Nature of Activity: Extension

Number of Participants: 66

Objective of the Program: The main objectives of the NSS Unit of Gargaon College are same as envisaged in the objectives of the National Service Scheme. Besides these objectives, the special objectives of the NSS Unit of Gargaon College are healthy and youth empowerment through teamwork, leadership, value education, life skill education, all round personality development of NSS volunteers and other humanity principles; women empowerment; identification of the problems of the adopted village and involve all NSS volunteers in problem solving; environment protection, environment conservation and energy conservation of the areas in which they live. The special aim of this unit is creating awareness among all people regarding protection of environment by focusing on 3R's- Reduce, Reuse and Recycle under the theme 'Best out of Waste'.

Brief report of the program

The *vision* of the NSS Unit of Gargaon College is to build the youth with the mind, spirit and skills to serve the society and in reaching out to the rural interiors; work for the social uplift of the community and rural sustainable development in which they work.

ADOPTED VILLAGE:

The NSS Unit of Gargaon College has an adopted village named as Longkak Gohain Gaon which is situated 6 km away from the college. The NSS unit organised many regular and special activities in this village.



SEVEN DAY SPECIAL CAMPING PROGRAMME (7TH TO 13TH APRIL, 2023):

The NSS unit of Gargaon College in collaboration with Krishi Vigyan Kendra, Rohdoi organised a Special Camp from 7th to 13th April, 2023 at Longak Gohain Gaon. The main theme of this special camp was 'Gender Issues, Women Empowerment, Entrepreneurship, Good Health and Hygiene'. The brief report of the Seven Day Special Camping Programme of NSS Unit Gargaon College is presented as follows:

Special Camping Programme provides unique opportunities to the NSS volunteers for team work, students for group living, collective experience sharing with each other develops social consciousness and commitment, constant interaction with the local community and positive attitudes towards the community. It helps the volunteers to understand the felt needs and problems of the communities, to create durable community assets in adopted village, to combine physical work with intellectual pursuits, to develop human values, to encourage volunteers to participate enthusiastically for all round development of society.

ABOUT THE SPECIAL CAMP:

Dr. Rimjim Borah, the programme officer visited the adopted village on 6.4.2023 and informed the stakeholders of the village about the camp at that village. They agreed for the camp to be organised from 7th to 13th April, 2023. The week long plan for the special camp was as follows.

Programme Schedule for NSS Seven Day Special Camping Programme

Day	Sessions	Time	Programme
Day 1	1 st session	9am to 11a.m	Inauguration of the Special Camp
	2 nd session	11 a.m to 11.30 a.m	Cleanliness Drive in Adopted village
	3 rd session	11.30 a.m- 2 p.m	NEET Survey of the village
	Lunch break	2 p.m-3.pm	-
	4 th session	3p.m to 4 p.m	Building Rapport with the Villagers/Cultural Programme
Day 2	MORNING	8 am to 9 am	Yoga
	1 st session	10.am to 11a.m	Tree plantation
	2 nd session	11 a.m to 11.30 a.m	Felicitation and Introduction of Resource Person
	3 rd session	11.30 a.m- 2 p.m	Pickle making training for women
	Lunch break	2 p.m-3.pm	-
	4 th session	3p.m to 4 p.m	Cultural Programme



Day 3	MORNING	8 am to 9 am	Yoga
	1 st session	10.am to 11a.m	Cleanliness Drive
	2 nd session	11 a.m to 11.30 a.m	Felicitation and introduction of resource person
	3 rd session	11.30 a.m- 2 p.m	Bamboo (Ornament making) Training Programme for women
	Lunch break	2 p.m-3.pm	
	4 th session	3p.m to 4 p.m	Cultural Programme
Day 4	MORNING	8 am to 9 am	Yoga
	1 st session	10.am to 11a.m	Cleanliness Drive
	2 nd session	11 a.m to 11.30 a.m	Felicitation and Introduction of Resource Person
	3 rd session	11.30 a.m- 2 p.m	'Best out of Waste' Training for women of the adopted Village
	Lunch break	2 p.m-3.pm	
	4 th session	3p.m to 4 p.m	Art and Craft Training to young children
Day 5	MORNING	8 am to 9 am	Yoga
	1 st session	10.am to 11a.m	Felicitation and Introduction of Resource Person
	2 nd session	11 a.m to 11.30 a.m	Environmental sanitation and disposal of garbage & composting
	3 rd session	11.30 a.m- 2 p.m	Swachhta and Discuss about Health and hygiene
	Lunch break	2 p.m-3.pm	
	4 th session	3p.m to 4 p.m	Cultural Programme
Day 6	MORNING	8 am to 9 am	Yoga
	1 st session	10.am to 11a.m	Cleanliness Drive
	2 nd session	11 a.m to 11.30 a.m	
	3 rd session	11.30 a.m- 2 p.m	Training Programme on Horticulture/ Allied Activities/Poultry Farming
	Lunch break	2 p.m-3.pm	
	4 th session	3p.m to 4 p.m	Cultural Programme
Day 7	MORNING	8 am to 9 am	Yoga
	1 st session	10.am to 11a.m	Life Skill Training programme /Open discussion with village Head and other villagers for all round development of the village
	2 nd session	11 a.m to 11.30 a.m	Closing Ceremony
	3 rd session	11.30 a.m- 2 p.m	Distribution of Certificates
	Lunch break	2 p.m-3.pm	
	4 th session	3p.m to 4 p.m	Cultural Exchange Programme



MAJOR ACTIVITIES TO BE UNDERTAKEN DURING SPECIAL CAMPING:

The various activities undertaken in this special camp were -Cleanliness Drive, Tree Plantation, NEET survey, Pickle Making Training, Bamboo Product (Ornaments) Making, Poultry Farm Making Training, Best Out of Waste training, Yoga Training, Art and Craft Training, Self-defence Training, Life Skill Training, and Cultural Exchange Programme.

Mrs Sumana Hazarika (Women Entrepreneur), Basanta Nath (Bamboo Artist), Dr. Anupananda Goswami (Subject Matter Specialist, Animal Science, Krishi Vigyan Kendra, Rohdoi) and Dipjyoti Gowala (Ex -NSS Volunteer of Gargaon College) provided various training to all women of Longkak Gohain Gaon. Dr. Rimjim Borah provided training on life skill. Smittee Knowler, Apurba Saikia and Jahnobi Phukon, Jahan Ali, Kaustav Chetia and other volunteers provided Self Defence, Yoga, Art and Craft Training to all the children of the village. All total 35 volunteers, more than 13 faculties of Gargaon College and all children of women of Longkak Gohain Gaon participated in this camp.



1) Inauguration of the Special Camp:

The special camp was started with the Inaugural function at Longkak LP School on 7th April, 2023. The village head, children, youth, women and community members were present. The programme was started with NSS song. During the inaugural session, Dr. Rimjim Borah, NSS Programme Officer of NSS Unit welcomed all the guests. Dr. Borah outlined the objective of organizing this special camp. Dr. Borah stated that the camp would address the issues of gender equality, women empowerment, entrepreneurship, good health and hygiene. Dr. Borah explained the programme schedule of the whole camp in detail. The inaugural speech was



delivered by Dr. Bidyanad Borkakoty, HoD, Department of Education of Gargaon College. While addressing students, Dr. Borkakoty highlighted the importance of Special camp for all-round personality development of volunteers as well many benefits to all villagers. Dr. Chirantan Bhagawati (Assistant Professor, Department of Geology, Gargaon College) appreciated the NSS Unit of Gargaon College for taking such an initiative of organizing the camp for overall development of the village. In this session, few of the volunteers as well villagers from the village expressed their views on importance of such camp and their expectations from this camp. Dr. Rimjim Borah offered her vote of thanks to all the guests, villagers present in the inaugural ceremony of the seven-day special camp.



2) Cleanliness and Plantation Drive

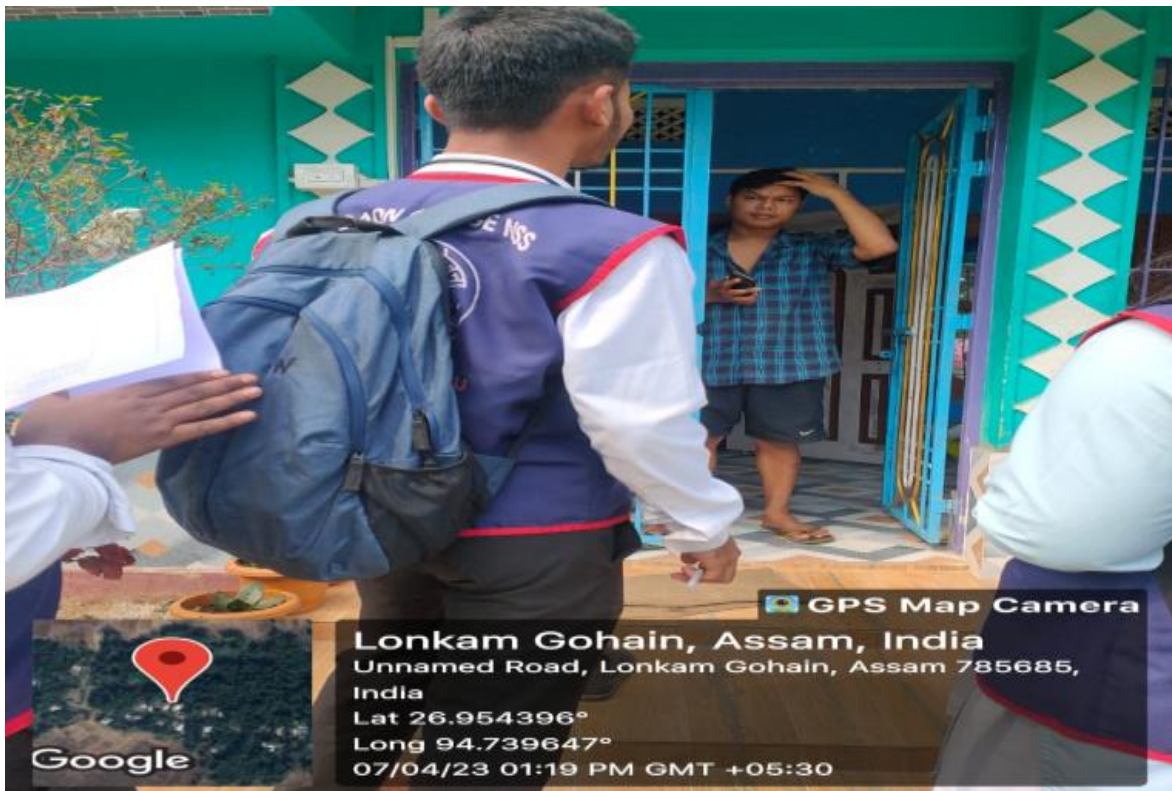
The NSS unit organised cleanliness and tree plantation drive at the Longkak Gohain Gaon Namghar (Religious institution of the village), Longkak Gohain Gaon Primary school and Longkak Gohain Gaon Hamuhik Kendra where the camp was organised.





3) NEET Survey:

All NSS volunteers of NSS Unit, Gargaon College conducted NEET Survey from door to door of the village.



4) Life Skill Training Programme:

Dr. Rimjim Borah, the NSS programme officer provided a Life Skill Training on various life skills such as interpersonal skills, creative thinking, critical thinking, problem solving, communication skills, healthy relationships and coping with stress and emotions.



5) 'Best out of Waste' Training for Women

The specific aim of NSS Unit, Gargaon College is to create awareness among all sections of society regarding 3R's i.e. reduce, reuse, and recycle-all help to cut down the amount of waste we throw away. By using 3 R's concept we can contribute to our mother earth and nature. Best out of waste craft ideas are more suitable to reuse waste materials and decorate our house. Mr. Dipjyoti Gowala, an Ex-NSS volunteer of Gargaon College was invited as resource person to provide training to women of the village on making decorative items from newspapers, polythene bags and other waste materials.



6) Yoga Training/Self Defence Training to young children

All NSS volunteers in different groups imparted yoga training to children and girls of the Longkak Gohain Gaon. After this training, every day session starts with Yoga. Miss Smitee Konwer and Mr. Apurba Saikia provided training to all.



7) Art and Craft Training to young children

All the NSS volunteers provided training on art and craft to children of the village. The volunteers provided training on making decorative items from newspapers, and polythene bags and other waste materials to the youth and children of that village. The volunteers were divided into various groups. Some groups provided training on art and drawing, some groups on making items from waste material, some groups on flower making and some groups on making simple bamboo craft and ornament. The best group was selected from this training. Some volunteers played the role of observer of the activities of various groups. They selected the best group.





8) Bamboo (Ornament Making/Decorative Items) Training Programme for Women:

The NSS Unit of Gargaon College organized bamboo (ornament making/decorative items) training programme for women of Longkak Gohain Gaon. Mr. Basanta Nath, a bamboo artist was invited as resource person for providing this training.





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Assam
India
32°C
90°F
2023-04-08 (Sun) 11:21 (am)

9) Pickle Making Training for Women:

The NSS Unit organised a pickle making training for women. Mrs Sumana Hazarika (a famous women entrepreneur) was invited to provide this training.

GARGAON COLLEGE

PICKLE MAKING TRAINING FOR WOMEN

**Longkak Gohain Gaon
(Adopted Village)**

8th April, 2023

Organised by
NSS Unit & ECO Club, Gargaon College
In Collaboration With
**Krishi Vigyan Kendra, Rohdoi
Assam Agricultural University**





10) Training Programme on Poultry Farming

The NSS Unit of Gargaon College organized a training programme on poultry farming for women of the village. Dr. Anupananda Goswami (Subject Matter Specialist, Animal Science, Krishi Vigyan Kendra, Rohdoi) was invited as resource person for providing this training.





11) Swachhta and Discuss about Health and Hygiene

All NSS volunteers tried to create awareness among children, youth, women and other stakeholders of the village about swachhta and various issues for healthy lifestyle, mental health and physical health, hygiene and sanitation. They focused on various activities such as yoga and physical exercises for healthy life. They taught the children and women why we should keep us clean; why we should keep our surroundings clean, and how do we protect our environment from pollution and degradation.



13) Valedictory function:

During the Valedictory function, Dr. Mintu Gogoi, Gautom Hazarika (Faculties of Commerce Department) Harekrishna Milli (Assistant Professor, Department of Mathematics), Rituraj Tahu (Assistant Professor, Department of Chemistry) appreciated the practice of the NSS unit of the college for social causes and the sense of dedication with which the volunteers carried out the camp activities under the supervision of Dr. Rimjim Borah.





	List of the Participants NSS Seven Day Special Camp ((7th to 13thApril, 2023))		
1	Jintu Mech	2nd	Education
2	Gayatri Gogoi	6th	Assamese
3	Tina Borgohain	6th	Assamese
4	Karabi Gogoi	6th	Assamese
5	Priyanku Konwar	4th	Assamese
6	Tendon Borgohain	4th	Assamese
7	Ruponjyoti Chetia	2nd	History
8	Deep Kumar Mishra	2nd	Commerce
9	Manab Jyoti Das	2nd	Commerce
10	Aporba Saikia	2nd	Sociology
11	Richashree Chetia	2nd	Education
12	Parismita Mazindar Boruah	2nd	Sociology
13	Prastuti Bezboruah	2nd	Sociology
14	Ajjur Rohman	4th	Sociology
15	Abhilash Sarma	2nd	Economics
16	Biswajit Dutta	4th	Political Science
17	Jahnabi Phukan	4th	Political Science
19	Rahul Bailung	4th	Education
20	Barkha Borboruah	6th	Assamese
21	Trishna Gogoi	4th	Assamese
22	Partha Pratim Chabokdhor	4th	Assamese
23	Tonmoyee Dutta	6th	Non-Honours
24	Kaustuv Chetia	6th	Geology
25	Smritee Konwar	6th	Non-Honours
26	Darsana Dutta	6th	Non-Honours
27	Manab Krishna Buragohain	6th	Commerce
28	Hemanta Boruah	6th	Mathematics
29	Jahan Ali	4th	Education
30	Puja BorpatraGohain	4th	Education
	Villagers/Visitors		
31	Runu Borgohain		
32	Rina Borgohain		
33	Bondita Gogoi		
34	Pratima Buragohain		
35	Gitanjali Sharma		
36	Aimoni Buragohain		
37	Devojani Bakalial		
38	Pranab Dowarah		
39	Pragya Jyoti Boruah		
40	Tutumoni Borgohain		



41	Nipamoni Buragohain		
42	Lukumoni Buragohain		
43	Kunja Gogoi		
44	Sewali Dowarah		
45	Raju Phukan		
46	Dibjyoti Buragohain		
47	Farici Buragohain		
48	Lukumoni Buragohain		
49	Kunja Gogoi		
50	Pintu Gogoi		
51	Mondita Das		
52	Junali Das		
53	Tutumoni Das		
54	Resma Begum		
55	Jina Konwar		
56	Bhagyawati Phukan		
	Teachers		
57	Dr. Rimjim Bprah		
58	Dr. Chirantan Bhagawati		
59	Dr. Bidyananda Borkakoty		
60	Devojani Bakalial		
61	Pranab Dowarah		
62	Rituraj Neog		
63	Dr. Mrinal Ghosh		
64	Rituraj Tanu		
65	Goutom Hazarika		
66	Dr. Mintu Gogoi		

Rimjim Borah
Dr. Rimjim Borah
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