



গড়গাঁও মহাবিদ্যালয়
GARGAON COLLEGE
NAAC accredited with 'B' Grade

Sports & Cultural Infrastructure

CONTENT

1. SPORTS INFRASTRUCTURE

2. CULTURAL INFRASTRUCTURE



Sports Infrastructure:

1. **Playground:** The College has a spacious sports ground of 210000 sq. feet that caters to a variety of outdoor sports. The ground is equipped with facilities for cricket, football, and athletics. It provides ample space for practice sessions, intercollegiate tournaments, and other sporting events. There are two Volley Ball court in the college. Mr. Pinku Borgohain, a state player and non-teaching staff of our college gives coaching in volleyball to 40 students (29 girls and 11 males). Sports equipment for outdoor games are available in the College are Volleyball (14), Volleyball Net (2), Football (5), Cones (40), Javelin (3), Shot-Put (3), Discuss (2), Hammer Throw (1), Cricket Bat (2), Cricket Stump (2 sets), Badminton Racket (3), Badminton Net (3), Tennis Racket (2), Ladder 5 meter (1), Tug of war Rope (1).

2. **Indoor stadium:** Indoor stadium of Gargaon College was inaugurated on January 2, 2018. It has an area of 7000 sq. m. and features a gymnasium and three badminton courts for the use of the staff and students. The committee overseeing the stadium is consisted of faculty members and the incumbent sports in-charge of the college students union. Coaching is offered in badminton to the interested kids from the surrounding areas under the direction of the committee.

3. **Gymnasium:** The College gymnasium has equipment such as Bench, Incline Bench, Squat Stand, Cycle, Trade Mill, Leg Press Machine, Leg Extension & Curl Machine, Shoulder Machine, Chest Fly Machine (1 piece each), weights [25 kgs (1 pair), 20 kgs (2 pairs), 15 kgs (1 pair), 10kgs (3 pairs), 5 kg (5 pairs) 2.5 kg (5 pairs), 1 kg (1 pair)]; Curly Bar (2 pieces) and Olympic Bar (1 pair).The students receive technical guidance in weightlifting in addition to maintaining their physical health. The equipment is regularly maintained to ensure optimal functionality and safety.

Beside this, we have a team of experienced and qualified coaches and staff members who are committed to promoting sports and physical fitness among our students. They provide guidance, training, and support to aspiring athletes and help organize intercollegiate sports events. We also encourage all students and staff members to take advantage of the excellent sports infrastructure available at Gargaon College. We always remain committed to enhancing our sports infrastructure and providing opportunities for our students to excel in sports.

Some Photographs of Sports Infrastructure



Frame 1 & 2: Indoor Stadium, Frame 3: Volley Ball Court Frame 4, 5 & 6: College Playground



Frame 1 & 2: Cricket Match and Football Coaching on College Playground



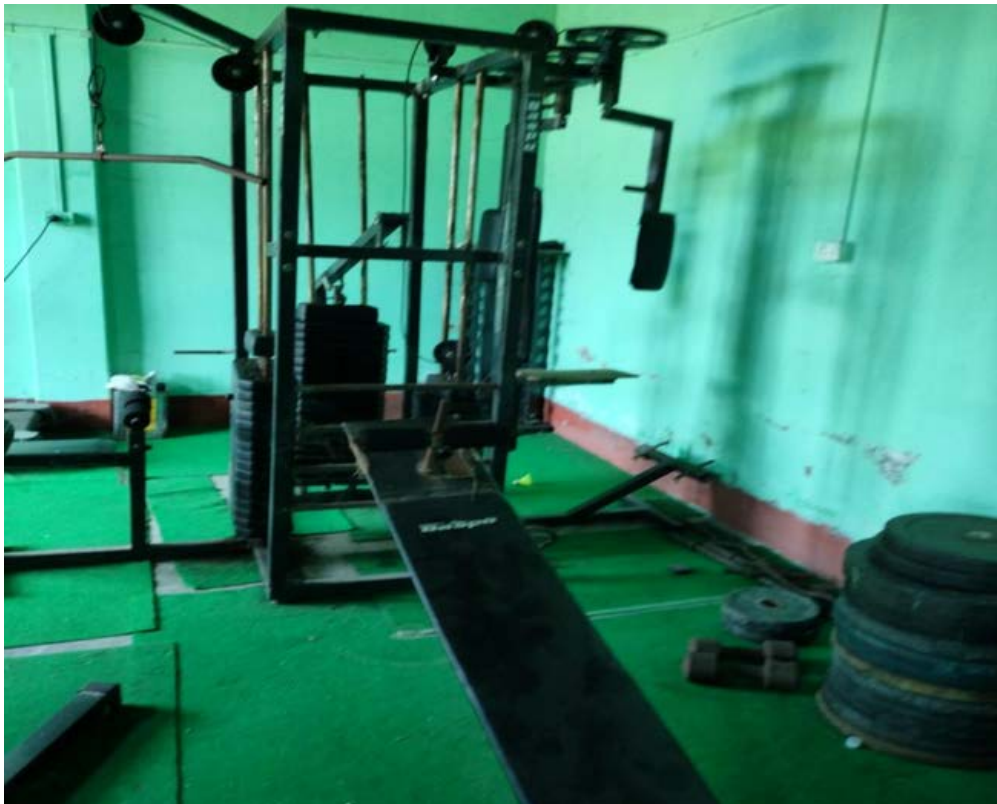
Some Photographs of Sports Infrastructure



Fig 1, 2 & 3 Indoor Stadium and Fig 4, 5 & 6 Playground



Glimpse of Gymnasium



Video Links of Sports Activity





Cultural Infrastructure:

Gargaon College has one spacious Auditorium (*Benudhar Mohan Memorial Auditorium*), Academic Gallery, Golden Jubilee Hall and ICM Conference Hall with 1000, 400, 70 and 80 seating capacity at a time, respectively for organizing various events related to culture.



