



গড়গাঁও মহাবিদ্যালয়
GARGAON COLLEGE

MENTORSHIP PROGRAMME

SESSION: 2022-23

DEPARTMENT OF CHEMISTRY

**Number of mentors : Number of students
assigned to each Mentor**

Year	2022-23
Total Number of mentors	6
Total Number of Mentees	85

Circular from the HOD regarding allotment of mentees to the mentors

NOTICE

Date: 05/08/2022

It is hereby notified that new students are distributed as mentees among the faculty members (as mentors) and are also notified to do necessary meeting with the mentees.



(Dr. Anna Gogoi)

Head, Department of Chemistry

Gargaon College

Head of the Department

Department of Chemistry
Gargaon, Jalpaiguri

Individual Report on Mentor- Mentee Meeting 2022-23

Name of the Mentor: Dr. Anna Gogoi

The mentor-mentee meetings were held frequently to advise the mentees to build their academic career. Care is also taken to make their all-round development. As a mentor my aim is to create an environment for the mentees where the mentees can feel free to share all their problems, academic as well as personal to me.

The names of the mentees are as follows:

Sl. No.	Roll. No.	Name	Phone No.	Semester
1	35	Arian Hazarika	6003398839	1 st semester
2	58	Srijana Gogoi	8638159527	
3	106	Sneha Kalita	9954716437	
4	5	Suman Chetia	8822019478	3 rd semester
5	21	Simanta Gogoi	8822014998	
6	23	Dimpi Borah	9864855934	
7	25	Rikhov Raj Neog	6901517692	
8	30	Ankita Gogoi	9395200764	
9	50	Lokhipriya Baruah	9707936359	
10	72	Chimpi Boruah	9707805324	
11	84	Mousin Hissain	6003165831	
12	189	Ashif Hussain	9101246193	5 th semester
13	142	Ashish Gogoi	6002278852	

Following are some pages of mentorship diary:

Date = 28/4/23
 Mentor = Dr. Anna Gogoi
 Mentees = Students of 6th Sem

Discussed following points:
 (i) about their studies regarding forthcoming examination
 (ii) is any doubt left
 (iii) any other problem facing by them

Signature of Mentor:-
 Dr. Anna Gogoi

Signature of Mentees:
 1. Arul Kumar
 2. Adith Gogoi

Mentor - Mentee Meeting
 Date = 26/6/23
 Mentor = Dr. Anna Gogoi
 Mentee = Students of 3rd Semester

A mentor-mentee meeting is held today. The mentor (Dr. Anna Gogoi) advised the mentees to do better in their study. Among the three mentees, only one is present today. The mentee has a problem which is present in Sujana. Her previous and semester results are satisfactory (no backlog in any subject or paper). The other two mentees, Anika and Susha, are absent due to their ill health.

Signature of Mentor:-
 Dr. Anna Gogoi

Signature of Mentees:
 1. Sujana Gogoi

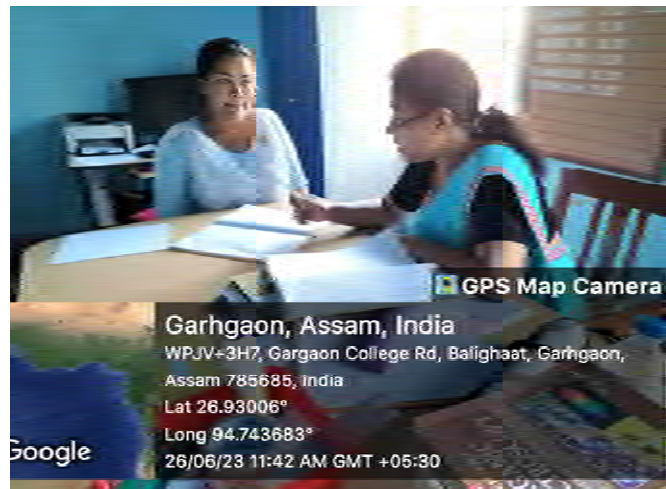
Mentor - Mentee Meeting
 Date = 26/6/23
 Mentor = Dr. Anna Gogoi
 Mentees = Students of 5th Sem (H)

A mentor-mentee meeting is organized at the beginning of the new session of the mentees. Along with the mentor, four mentees are present today. Things to do points are discussed, learning things and human are also discussed. They are advised to study all parts of their syllabus. If they face any problem in study, they are advised to meet the respective teacher of the specific paper apart from this study. They are advised to face to solve their problem. As the other three mentees are absent because of their ill health on that day.

Signature of Mentees:-
 1. Dimpal Baruah
 2. Anup Baruah
 3. Suman Chakri
 4. Lakshmiya Baruah

Signature of Mentor:-
 Dr. Anna Gogoi

Some photographs of Mentor-mentee meetings are given below.



Signature of the Mentor

Name of the Mentor: Dr. Arandao Narzary

Eighteen students from 1st, 3rd and 5th students were allotted to me as mentees for the session 2021-22. The list of students were given below in the table. As a mentor I regularly talk, discuss problems with mentees. In most of the cases the discussion was informal and in maximum cases it was on call. The first formal meeting with mentees was organised on 25 th October, 2021 at the department.

As a mentor I observed that many students were from financially weak categories, they hesitate to discuss their problems, they do not concentrate in studies, they face problems in understanding in class. To overcome these problems I, as a mentor, regularly contact them and try to solve their difficulties. The followings were the steps taken by me as a mentor:

1. First discuss with the mentees.
2. Analysed the problems faced by students then found out their remedials.
3. Provides notes, books, reference books etc to help them in study.
4. Discuss topics in which they face problems in understanding
5. Try to keep in touch and have a good relationship with guardians.
6. Encourage them in their study.

Sl. No.	Roll. No.	Name	Phone Number	Semester
1	92	Mousumi Rajkumari	8761976083	1 st semester
2	99	Harsha Jyoti Das	6003918811	
3	100	Merinchi Priya Borah	9707139659	
3	102	Lupamudra Gogoi	6002816452	
5	107	Taijee Gogoi	8822072952	
6	112	Rekha Borah	7002962724	
7	131	Moyuri Sonowal	8099740395	
8	143	Baharuddin Ali	9957973344	
9	159	Himadree Gogoi	7637928446	

10	219	Bikramaditya Phukon	8638773942	3 rd semester
11	110	Bishwajeet Changmai	7086797672	
12	72	Dipjyoti Das	7086712986	
13	139	Kalpa Jyoti Handique	6000425615	
14	218	Himangshu Gogoi	6003044378	5 th semester
15	268	Manash Jyoti Patar	9864268036	
16	46	Navadeep Sarmah	6002406210	
17	120	Priyobrot Hazarika	6003174595	
18	154	Rahul Kalita	6002722450	

Photos related to above data:



Scanned copy of mentorship diary

Mentor - Mentee Meeting

Date: 26/6/23

Mentor: Dr. Anandao Narsany

Mentees: Students of 3rd Sem (11)

A mentor-mentee meeting was held on 26/6/23 to discuss about their problems. All the students express their problems one by one. After listening from them I suggest them to focus on their studies. They are also asked to follow some books and sites for making study notes. To solve their problems I decided to talk with guardians, their guards contact no. was collected then contact with them further.

Signature of Mentees:

- ①. Rekha Borah.
- ②. Mausumi Rajkumari
- ③. Tajeebgori
- ④. Rupamudra Boga

Mentor - Mentee Meeting

Date: 26/6/23

Mentor: Dr. Anandao Narsany

Mentee: Students of 3rd Sem (11)

A mentor-mentee meeting is held on 26/6/23. The students were express their problems regarding their studies. After hear listening their problems. A counselling was done and suggest to focused on studies.

Signature of Mentees

- ①. Anubhijyoti Bhattacharyya.
- ②. Aditya Sahu.
- ③. Darpan Jit Lahan
4. Keshi Hoxouilia.

Signature of Mentor

Name of the Mentor: Mr. Rituraj Tahu

I was given the responsibility to mentor the following allotted students for the session 2022-2023. Among them 6 students were from 1st semester, 5 students from 3rd semester and 7 students from 5th semester. During the session various mentoring sessions had been organized. One mentoring session had been organized on 26.04.2023 with the 3rd semester students. During the session different issues related to their performance in the previous examination had been discussed. They were also suggested a few ideas about how to stay motivated and focused their attention towards positivity. Another session was organised on 26.06.2023 with 5th semester students. During the session they are specially suggested to prepare themselves for competitive examination.

The names of the mentees are as follows:

List of the Mentees:

Sl. No.	Roll. No.	Name	Ph. No.	Semester
1	140	Trishna Moni Kalita	9101203890	1 st Semester
2	144	Aannu Chetia		
3	145	Mousom Buragohain		
4	147	Annesha Baruah	7099744244	
5	150	Palash Konwar	6900451922	
6	165	Rajkamal Gogoi	6901076199	3 rd Semester
7	166	Riya Rajkumari	6002638021	
8	167	Jimomi Gogoi	6002577649	
9	168	Anubhab Aishwarya Gogoi	9864201518	
10	184	Nayan Nirban Hazarika	7636837465	
11	188	Rimon Jyoti Handique	9954610096	
12	191	Ankur Boruah	6901477446	
13	275	Khirusoni Mohan	9365531982	5 th Semester
14	169	Monuj Gogoi	8812801707	
15	207	Mrinal Phukon	9365233653	
16	292	Pritom Phukon	8822059290	

Highpoints of the mentoring session:

1. It was observed that the performances of some of the mentees were below the average level. The mentoring sessions helped to identify the cause of the poor performance and the mentees were helped to overcome their learning difficulties after a few personal mentoring sessions.
2. 5th semester students had been encouraged to dream of quality research work for their final semester Project. Mentees are also advised to prepare for competitive examinations for higher studies.
3. They were directed to attend classes regularly which will help to keep their concept up to date.

4. Few mentees were not able to attend classes regularly due to family conditions. A couple of mentees mentioned feelings of depression and anxiety. Their condition has been taken seriously and further action taken in this regard.

Photos related to above data:



Mentor - Mentee Meeting
 Date: 26/6/23
 Mentor: Rituraj Talwar
 Mentees: Students of 5th sem (H)

An interaction meeting has been organized between with the mentees, various issues related to study trouble, economic problem, Family / Personal problem have been discussed. They are suggested to visit regularly to the reading room, come to clear doubt, etc.

At the end of the meeting, a brief suggestion have been given to them that they to encourage them to study & distract from other less important activity.

Sis. of the Mentor →

- (i) Ankur Baruah
- (ii) Rajkamal Gogoi
- (iii) Nayan Nisaban Hazarika
- (iv) Riya Rajkumar
- (v) Jimoni Gogoi

Mentor - Mentee Meeting
 Date = 26/6/23
 Mentor = Rituraj Talwar
 Mentee = Students of 5th sem. (H)

An interaction was organized with the mentees to discuss about various issues related to academic, issues, and personal.

- (1) They are advised to inform any issues related to academic or personal phase.
- (2) They are advised to maintain a good & present & mental health.
- (3) They are advised to distance themselves from bad habit & give more time over creativity. They are also encouraged to prepare for competitive examinations.

Signature of the Students

- (1) Palash Konwar
- (2) Mausam Buragohain
- (3) Annesha Baruah
- (4) Trishna moni kalita

Rituraj Talwar

Signature of the Mentor

Name of the Mentor: Dr. Pakiza Begum

1. List of mentees

The following students have been allotted to be my mentees for the session 2021-22, from 1st, 3rd and 5th semesters. Their names are as follows:

Sl. No.	Roll. No.	Name	Phone No.	Semester
1.	158	Nilakshi Gogoi	7099525115	1 st semester
2.	159	Irish Handique	7896904154	
3.	161	Emon Jyoti Buragohain	9957076321	
4.	167	Saranga Chutia	8822156863	
5.	171	Ritika Sharma	6003116129	
6.	264	Niharika Deka	9707136800	3 rd semester
7.	270	Diwakar Changmai	7896801006	
8.	288	Bhagyajit Hatimuria	7086751198	
9.	304	Puja Gogoi	9954717091	
10.	306	Pranay Jyoti Kakati	8724058106	
11.	336	Rintu Chetia	6900494942	
12.	70	Roktim Raj Gogoi	9365306056	5 th semester
13.	353	Sourov Gogoi	8761835382	
14.	141	Sushil Boruah	6000415146	
15.	266	Abhishruti Gogoi	8133908546	
16.	217	Stuti Buragohain	9707785537	

2. Highpoints of mentoring sessions.

Mentoring sessions play a crucial role in academic and personal development of students. With a goal to foster a supportive and constructive relationship with them, here are some points that are focused on during these sessions:

- Provided guidance on effective study habits, time management and exam preparation techniques for their academic development.

- Encouraged them to reflect on their strengths, weaknesses and areas for improvement. Worked on enhancing essential skills such as communication, critical thinking and problem-solving.
- Helped them in exploring their research interests and guided them to network within their academic community and beyond.
- Aided in navigating internship and job applications, including resume writing and interview preparation, providing information about various industries, job markets and potential career paths.
- Discussed approaches for balancing academic commitments, extracurricular activities and personal life. Offered support and resources for managing stress and maintaining mental well-being.
- Provided positive feedback on academic performance and other areas of development. Inspired them to reflect on their skills, learning and growth throughout their academic journey.

The ultimate goal was to empower students to make well-versed decisions, develop essential skills and prosper in both academic and professional environments.

3. Geotagged Photographs of mentoring sessions



Report cards of the mentees

https://drive.google.com/drive/folders/1hr_g3h54o5d80zB3iWO3dSzNEMMS5y3z?usp=sharing

4. Scanned copy of mentorship diary

<p><u>Mentor - Mentor Meeting</u></p> <p>Dr. Pakiza Begum Date: 20-06-22 Time: 12-12:20 pm Sem: V (H)</p> <p>Following points are discussed:</p> <ol style="list-style-type: none"> 1) The advanced learners are asked to solve previous year question for JAM. 2) The slow learners are asked to solve previous year question of semester examination for those papers having back-log. 3) Both slow & advanced learners have to show me the above two points of the vacation. 4) They were motivated to study hard and discuss me their issues if they are facing any kind of difficulty. <p>Dr. Pakiza Begum Date: 20-06-22</p> <p><u>Signature of students:</u></p> <table border="0"> <tr> <td>1) Bhagyant Hatimuna</td> <td>Roll No - 288</td> </tr> <tr> <td>2) Rishi Chitra</td> <td>Roll No - 33C</td> </tr> <tr> <td>3) Pooja Gogoi</td> <td>Roll no - 209</td> </tr> <tr> <td>4) Nishantika Beka</td> <td>Roll no - 269</td> </tr> </table>	1) Bhagyant Hatimuna	Roll No - 288	2) Rishi Chitra	Roll No - 33C	3) Pooja Gogoi	Roll no - 209	4) Nishantika Beka	Roll no - 269	<p><u>Mentor - Mentor Meeting</u></p> <p>Dr. Pakiza Begum Date: 20-06-22 Time: 11:40 am Sem: III (H)</p> <p>An interaction meet was organised with the mentees in which the following things discussed:</p> <ol style="list-style-type: none"> 1) They were asked regarding any problems they have been facing. 2) They were advised to discuss with me any issues they are facing. 3) They were advised to study hard and clear the topics from previous semesters during vacation. 4) Encouraged them to update about their studies during vacation & that there will be online meetings during the period. <p>Dr. Pakiza Begum Date: 20-06-22</p> <p><u>Signature of students:</u></p> <ol style="list-style-type: none"> 1) Emom Jyoti Buragohain. 2) Inish Mondique. 3) Nishikshi Gogoi 4) Ritika Sharma 5) Saranya Chitra.
1) Bhagyant Hatimuna	Roll No - 288								
2) Rishi Chitra	Roll No - 33C								
3) Pooja Gogoi	Roll no - 209								
4) Nishantika Beka	Roll no - 269								
<p>Date: 20-12-22</p> <p>The students are advised to study hard & discussed about the update of their studies. The problems they are facing are discussed and solved.</p> <p>They were also asked regarding their personal issues if they have any.</p> <p><u>Mentor</u></p> <p>Dr. Pakiza Begum.</p> <p><u>Mentees.</u></p> <table border="0"> <tr> <td>Shikha Buragohain</td> <td>(317)</td> </tr> <tr> <td>Nishikshi Gogoi</td> <td>(266)</td> </tr> <tr> <td>Shikha Boruah</td> <td>(191)</td> </tr> <tr> <td>Sonov Gogoi</td> <td>(353)</td> </tr> </table>	Shikha Buragohain	(317)	Nishikshi Gogoi	(266)	Shikha Boruah	(191)	Sonov Gogoi	(353)	
Shikha Buragohain	(317)								
Nishikshi Gogoi	(266)								
Shikha Boruah	(191)								
Sonov Gogoi	(353)								

Pakiza Begum.

Signature of the mentor

Name of the Mentor: Dr. Saheen Shehnaz Begum

I, Dr. Saheen Shehnaz Begum was allotted 10 students from 1st semester, 5 students from 3rd semester and 5 students from 5th semester for the year 2022-23. The names of the mentees are as follows:

Sl No.	Name of the Student	Semester
1.	Amirul Hussain	1 st Semester
2.	Ashim Das	
3.	Ankur Jyoti Gogoi	
4.	Kalpajyoti Konwar	
5.	Bobita Arondhara	
6.	Abhiraj Dutta	
7.	Jeshee Boruah	
8.	Prastutpal Gogoi	
9.	Manash Protim Gogoi	
10.	Rintu Chetia	
11.	Ankita Chetia	3 rd Semester
12.	Kalyani Boruah	
13.	Priyanka Talukdar	
14.	Protyasha Borkotoky	
15.	Sandhanee Phukon	
16.	Manashi Borah	5 th Semester
17.	Nikita Debgupta	
18.	Priyampalli Gogoi	
19.	Riku Gogoi	
20.	Roshmi Devi	

For the 1st semester, a meeting with the mentees was organised on 13 June 2022. On the same day, at different time another meeting was organised with the 3rd semester students. With the 5th Semester students, a meeting was held on 16th June 2022. In those meetings, profile of the students was created and the basic information regarding the students were collected. Along with parent's name and number, the student's address, the height, weight, annual family income, special interest and hobbies of the students were also collected.

After the official meeting with all the mentees of a particular semester, individual talks were also carried out with the mentees. A few issues were raised by the mentees such as:

- a) Coping with anxiety in attending classes in a blended mode in the post covid scenario
- b) Concern about their future and worry of employment opportunities after completing the programme
- c) Few of them are willing sit for IIT-JAM and try their fortune in academics
- d) Fluency in English language and being bilingual without difficulties when situation demands.

The mentees were assured that the mentor is

- a) Ready to assist and support by all best possible means to enhance teaching learning experience.
- b) Assure to talk to them when required and allowing them not feeling isolated from the group.
- c) Provide counsel on mental wellbeing by assuring them support whenever required. Mentees are assured that department stood behind them under all challenging circumstances.
- d) Make them feel easy by assuring that the college and the department has been assiduously working for arranging placement avenues.
- e) Provide counsel on how to prepare for all upcoming examinations from CUET, TUEE, IIT-JAM etc.,
- f) Addressing the concern by suggesting some communication tips.

As a mentor, I was satisfied with the positive responses of the mentees and subsequent healthy outcome of the sessions. All the mentees are found enthusiastically taking part in all variety of academic related activities of the department.

Geotagged Photographs of mentoring sessions:



d. Scanned copy of mentorship diary

Mentor-Mentee Meeting
Date: 20/10/23

A mentor-mentee meeting was organized for the first semester students to regulate their progress, to update on how they are maintaining studies since a couple of months have passed.

Biswasjit is shy and reserved but he shows active participation in discussion. It was conveyed to me that Biswasjit is good at kick-boxing and aspires to continue his passion. Hrishikesh stays in a PG and accommodation has been a challenge for him. He shows interest in studies but is gifted with the guitar. Subhaskhi, on the other hand, lacks the grasp of basic concepts in chemistry, but she has been advised to focus on basic chemistry and convey any & every doubt that she may have.

Sahar
20/10/23

Mentor-Mentee Meeting
Date: 21/10/23

Name	Phone Number	Home Address	Any queries
Kalyani Mishra	9403041112		
Aditya Mishra	9804041112		
Pratik Mishra	9804041112		
Sandhya Mishra	9804041112		
Pratyaksha Mishra	9804041112		

The meeting has been fruitful with several things that came to the light post the discussion. Aditya aspires to pursue post-graduation and shows keen interest in academic research. Kalyani expresses a desire to end in competitive exams like UPSC & SSC after graduation. Pratyaksha showcases passion for exploration of academic research. Sandhya contributes to Aditya's pursuits and is a gifted artist. She also displays growing interest in scholarly pursuits.

Sahar
21/10/23
(Dr. Sahar S. Begum)

Date: 11/01/23
Time: 11/12 AM

Discussion with Mentees

Manish stated he stays in rented room so he has to cook for himself, thus he is unable to focus more on studies. Bobita stated she is in the process of preparation of mtech. Arun stated he is finding bioorganic part a little difficult. I have suggested to all of them to practice studying with shortcuts and learn by mnemonics. They were encouraged to study consistently and do smart work. They are also motivated to talk to their mentors frequently.

Sahar
11/1/23

Name of the Mentee

Min Bobita Bhattacharya (ID no:) 26.6.23

Arjun
Arjun Haldar (ID no: 706) 26.6.23

Manish Pratihya Bisoi () 26.6.23

Sahar
Sahar
Begum

Signature of the mentor

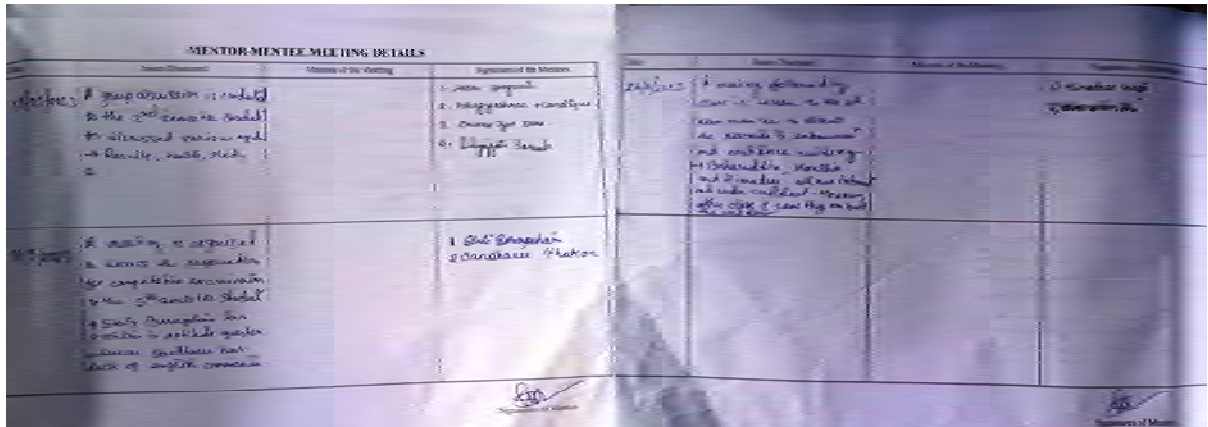
Name of the Mentor: Dr. Plaban Jyoti Sarma

The mentor-mentee meetings were held frequently to interact with the mentees to understand and discuss their academic career, mental, physical health and different issues that can impact on their career. We try to rectify most of the problems and make room for them to say freely regarding their situation.

The names of the mentees are as follows:

Sl. No.	Roll. No.	Name	Phone No.	Semester
1	268	Astha Bhagawati	9707659020	1 st semester
2	254	Bhagyashree Handique	9395598757	
3	264	Saurav Jyoti Deka	9365093651	
4	278	Santanu Dutta	6901125948	
5	287	Dibyajyoti Boruah	9864922274	
6	159	Himadree gogoi	7637928446	3 rd semester
7	143	Baharuddin Ali	9957973344	
8	217	Stuti Buragohain	9707785537	5th semester
9	257	Sandhanee Phukon	8822092778	

Following are some pages of mentorship diary:



Some photographs of Mentor-mentee meetings are given below.



Signature of the Mentor

