



গড়গাঁও মহাবিদ্যালয়
GARGAON COLLEGE

**WORKSHOP ON PREPARATION FOR JOINING ARMED
FORCES**

Date:28/04/2022

Organized by

*Career Counselling and Guidance Cell, Gargaon
College
&
IQAC, Gargaon College*



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GARGAON COLLEGE

DATE: 28/04/2022

RESOURCE PERSON

Major Jonah Halam

&

Captain Bibhas Biswas from the 12 Assam Rifles.

Programme: Workshop on Preparation for Joining Armed Forces

Flyer



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Brief Description of the Program

The Career Counselling and Guidance Cell of Gargaon College organized a workshop on "**Preparation for Joining Armed Forces**" on 28th April 2022. The workshop aimed to provide guidance and information to aspiring candidates who aspire to join the Indian Army as officers in various ranks. The event was attended by 211 enthusiastic students. The workshop featured two distinguished resource persons, Major Jonah Halam and Captain Bibhas Biswas from the 12 Assam Rifles. Both speakers shared their valuable insights and experiences regarding the preparation for the Combined Defense Services (CDS) and Short Service Commission (SSC) examinations. Major Jonah Halam commenced the workshop by emphasizing the importance of physical and mental preparation for the rigorous selection process. He encouraged the students to adopt a disciplined lifestyle, including regular exercise, healthy eating habits, and proper sleep patterns. Major Jonah highlighted the significance of physical fitness in the armed forces and motivated the students to consider joining the National Cadet Corps (NCC). He informed the participants that individuals holding a C-Certificate in NCC are exempted from the physical test, providing them with a better opportunity to enter the Indian Army as officers after completing their graduate program from any university. Captain Bibhas Biswas actively interacted with the students, forming small groups to address their queries and concerns. He shared personal anecdotes and guided the overall selection process, including the written examination, personal interview, and physical fitness assessment. Captain Bibhas stressed the significance of comprehensive preparation, including familiarity with current affairs, general knowledge, and the ability to think critically under pressure. The workshop proved to be immensely beneficial for the participants. It provided them with valuable insights into the various aspects of joining the armed forces as officers. The guidance provided by Major Jonah Halam and Captain Bibhas Biswas equipped the students with a roadmap for their future preparations. The workshop successfully achieved its objective of motivating and inspiring the students to pursue a career in the armed forces. The attendees left the workshop with a better understanding of the requirements, challenges, and opportunities associated with joining the Indian Army as officers.



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The Career Counselling and Guidance Cell at Gargaon College deserves commendation for organizing such an informative and interactive workshop. The event not only facilitated the dissemination of knowledge but also served as a platform for students to interact with experienced professionals from the armed forces. In conclusion, the workshop on "Preparation for Joining Armed Forces" was a resounding success. The resource persons, Major Jonah Halam and Captain Bibhas Biswas, shared valuable insights and motivated the students to work towards their aspirations. The event provided a solid foundation for the students' preparation for the CDS and SSC examinations, fostering a sense of enthusiasm and determination among the participants.

Photograph





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Participants List

SL No	Name of the Participants	SL No	Name of the Participants	SL No	Name of the Participants
1	Bornali Bailung Boruah	36	Anupam Dehingia	71	Tulika Chetia
2	Ankita Dehingia	37	Chimpi Boruah	72	Run Buragohain
3	Borsha Gogoi	38	Bristi Chetia	73	Hariprashna Moran
4	Angita Gohain	39	Bobita Arondhara	74	Abhijit Buragohain
5	Pritisha Hazarika	40	Ashim Das	75	Rinee Arandhara
6	Ananya Boruah	41	Jubin Kumar	76	Bondita Rajkumari
7	Gauranga Konwar	42	Diwakar Changmai	77	Anusmrita Dutta
8	Puja Hazarika	43	Nikita Phukon	78	Asish Kalita
9	Rituparna Chetia	44	Lokhipriya Baruah	79	Ujjwal Lahon
10	Shyamolima Saikia	45	Priyanku Buragohain	80	Swaraj Konwar
11	Nayan Moni Boruah	46	Pinki Boruah	81	Desun Boruah
12	Partha Protim Chabukdhara	47	Rekha Borah	82	Dhrubajyoti Molia
13	Anurag Jayanta Gogoi	48	Dhurbajyoti Gogoi	83	Merinchi Priya Borah
14	Kongkona Gogoi	49	Ankita Mout	84	Mousumi Rajkumari
15	Popy Pator	50	Nikita Gogoi	85	Korobi Abhaipuria
16	Kandarpa Chetia	51	Bhagyajit Hatimuria	86	Rajkamal Gogoi
17	Priyam Pali Hatimuria	52	Amrit Giri	87	Gourab Jyoti Gogoi
18	Meghali Chetia	53	Pragyan Dekaboruah	88	Kristina Saikia
19	Biswashi Gogoi	54	Sagarika Sonowal	89	Mo Chew Changbun Phukon
20	Sukanya Kashyap	55	Bagmin Phukon	90	Puja Singh
21	Ranjan Khanikor	56	Riya Rajkumari	91	Chiranjeet Boruah
22	Priyanku Konwar	57	Bhitali Hazarika	92	Kalyan Kishur Nath
23	Deepanwita Borpatra Gohain	58	Milutpal Borgohain	93	Bhairab Bhuyan
24	Banyani Handique	59	Jeshee Boruah	94	Bharasta Mohan
25	Puja Pator	60	Roktim Borah	95	Ananya Boruah
26	Palki Chetia	61	Moyuri Sonowal	96	Upashana Phukon
27	Niki Boruah	62	Prostuti Gogoi	97	Kongkona Boruah
28	Priyanka Borgohain	63	Nayanmoni Borah	98	Himashree Phukon
29	Tina Gogoi	64	Kashmiree Konwar	99	Aditi Gogoi
30	Priyadarshree Boruah	65	Chinmoyee Phukan	100	Rituraj Boruah
31	Himadri Dutta	66	Ankumoni Borah	101	Utpal Gogoi
32	Pranpol Changdhara	67	Banjusna Hatiboruah	102	Anurag Panging Gam
33	Hori Mohan	68	Rituraj Saikia	103	Monika Rajkumari
34	Prerona Dhadumia	69	Sumpi Dehingia	104	Rimpy Handique
35	Sikhamoni Dutta	70	Biki Rava	105	Nomi Konwar



SL No	Name of the Participants	SL No	Name of the Participants	SL No	Name of the Participants
106	Kashyabi Mech	141	Abhinaba Changmai	176	Rituporna Boruah
107	Diksha Boruah	142	Jitu Mahanta	177	Doulat Hazarika
108	Puja Nath	143	Rituparna Gogoi	178	Himangkhur Buragohain
109	Smita Gogoi	144	Amrita Chetia	179	Pritam Singha
110	Simanta Boruah	145	Drishiti Charingia	180	Trinayan Jyoti Chutia
111	Sourav Gogoi	146	Manash Protim Gogoi	181	Priya Borah
112	Torali Gogoi	147	Pallabi Chutia	182	Aditi Kumari
113	Lipika Boruah	148	Barsha Dowari	183	Barnabh Ranjan Mahanta
114	Rimpi Rajkumari	149	Prasurjya Dehingia	184	Ridip Ranjan Rajkonwar
115	Udipta Boruah	150	Prity Sonowal	185	Baharuddin Ali
116	Jenishmita Saikia	151	Bhargov Gogoi	186	Dipankar Boruah
117	Debabrata Mahanta	152	Tanoy Jyoti Changmai	187	Urbashi Boruah
118	Bhagyashree Mohan	153	Gouranga Bishal Buragohain	188	Anubhab Gogoi
119	Paritosh Konwar	154	Sudarshan Gogoi	189	Amirul Hussain
120	Abhinandan Chetia	155	Nasrin Begum	190	Arbaz Ahmed
121	Akangkhyia Baruah	156	Himadree Gogoi	191	Rajneesh Chetia
122	Dipjyoti Borpatra Gohain	157	Barbee Gogoi	192	Lupamudra Gogoi
123	Maina Panging	158	Anubhab Konwar	193	Annamitra Handique
124	Monjeet Dowarah	159	Koushik Kalita	194	Manash Protim Gogoi
125	Rituraj Borah	160	Ankur Boruah	195	Rupjyoti Phukon
126	Sandhyarani Sonowal	161	Bishwajit Phukon	196	Rodali Changmai
127	Birinshi Pran Gogoi	162	Udit Dowari	197	Ripunjoy Maut
128	Mintu Boruah	163	Sarfaraj Hussain	198	Parthajyoti Phukon
129	Anshuman Saikia	164	Porishree Boruah	199	Mousin Hussain
130	Luit Jyoti Moran	165	Hapi Moni Gogoi	200	Gyandeep Saikia
131	Karuna Saikia	166	Nayan Nirban Hazarika	201	Preetam Dutta
132	Prity Konwar	167	Tonmoy Gogoi	202	Hritisha Borgohain
133	Jimoni Gogoi	168	Jintu Bhuyan	203	Prashtutpal Gogoi
134	Silpi Mohan	169	Rimon Jyoti Handique	204	Abhiraj Duttah
135	Koushik Protim Neog	170	Udayan Khanikar	205	Lakhyajeet Mech
136	Akash Chutia	171	Abinash Gogoi	206	Prakash Gogoi
137	Tinamoni Panging	172	Shubhamjit Aich	207	Nilutpal Gogoi
138	Nilutpal Hazarika	173	Rintu Hatimuria	208	Tushar Baruah
139	Nilutpol Boruah	174	Hrithikraj Phukon	209	Borakha Konwar
140	Bharati Saikia	175	Jitu Phukon	210	Khunban Mohan

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SL No	Name of the Participants	SL No	Name of the Participants	SL No	Name of the Participants
211	Bishal Phukon	246	Khunban Mohan	281	Orchid Changmai
212	Mosliha Begum	247	Bishal Phukon	282	Prandeep Borah
213	Trideep Saikia	248	Mosliha Begum	283	Kabyashri Neog
214	Simanta Gogoi	249	Trideep Saikia	284	Jyotismoy Mohan
215	Satyabrat Raj Dowari	250	Simanta Gogoi	285	Proustuti Rajkhowa
216	Swarnimraj Boruah	251	Satyabrat Raj Dowari	286	Nirbapon Chetia
217	Amarjyoti Gogoi	252	Swarnimraj Boruah	287	Priyanku Konwer
218	Nishu Kumari Singh	253	Amarjyoti Gogoi	288	Pranamika Dowarah
219	Tumonjyoti Gogoi	254	Nishu Kumari Singh	289	Chitraranjan Borah
220	Gargipori Rajkhowa	255	Tumonjyoti Gogoi	290	Liza Gogoi
221	Kashmiri Boruah	256	Gargipori Rajkhowa	291	Dhurbajyoti Phukon
222	Dimpi Borah	257	Kashmiri Boruah	292	Gargi Priyadarsani
223	Porismita Das	258	Dimpi Borah	293	Pranjit Gogoi
224	Panshee Bezboruah	259	Porismita Das	294	Manali Borgohain
225	Parishmita Gogoi	260	Panshee Bezboruah	295	Bristi Bharali
226	Ayush Boruah	261	Parishmita Gogoi	296	Ankita Dutta
227	Taijee Gogoi	262	Ayush Boruah	297	Rajashree Bhuyan
228	Prohlad Gogoi	263	Taijee Gogoi	298	Pahi Boruah
229	Debasish Phukan	264	Prohlad Gogoi	299	Sukanya Phukon
230	Madhusmita Borborah	265	Debasish Phukan	300	Bonani Kalita
231	Rikshiraj Gogoi	266	Madhusmita Borborah	301	Ishitwa Phukan
232	Rajdeep Konwar	267	Rikshiraj Gogoi	302	Dimpi Gogoi
233	Ripunjoy Maut	268	Rajdeep Konwar	303	Lucky Boruah
234	Parthajyoti Phukon	269	Manash Jyoti Rajkonwar	304	Sri Ujjal Gogoi
235	Mousin Hussain	270	Ankita Sharma	305	Tiluttoma Chitrakar
236	Gyandeep Saikia	271	Nayan Jyoti Barman	306	Smti Trishna Priya Gogoi
237	Preetam Dutta	272	Nilam Jyoti Saikia	307	Bikash Borah
238	Hritisha Borgohain	273	Jahnabi Gogoi	308	Sunayana Phukon
239	Prashtutpal Gogoi	274	Chayanika Sonowal	309	Dipshikha Ray
240	Abhiraj Duttah	275	Mayur Rajkonwar	310	Pramud Sarmah
241	Lakhyajeet Mech	276	Rituraj Saikia	311	Hunmoni Moupia
242	Prakash Gogoi	277	Nipu Tipomia	312	Rashmi Saikia
243	Nilutpal Gogoi	278	Rashmi Pachani	313	Jahnobi Phukon
244	Tushar Baruah	279	Debojit Boruah	314	Mriganka Nath
245	Borakha Konwar	280	Monisha Kumari	315	Dristy Hatimuria



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316	Tridip Gogoi	351	Bitupan Saikia	386	Manashi Borgohain
317	Madhurima Gogoi	352	Sangeeta Dutta	387	Shyamal Dutta
318	Ankita Konwar	353	Humashree Kalita	388	Gauranga Nath
319	Abhijit Gogoi	354	Kaibyashree Gogoi	389	Roshmi Devi
320	Richa Handique	355	Satyajit Gogoi	390	Sanjukta Boruah
321	Prapti Priyom Chetia	356	Himanshu Baruah	391	Aashish Rajkonwar
322	Koilayani Gogoi	357	Jugamaya Borgohain	392	Riku Gogoi
323	Boishali Boruah	358	Bhaswati Konwar	393	Bishnujyoti Borgohain
324	Bhaben Dutta	359	Hemanta Rajkhuwa	394	Deepjyoti Boruah
325	Bitu Gogoi	360	Nikita Hazarika	395	Tribenee Boruah
326	Anuron Phukon	361	Sri Rahul Bailung	396	Ankur Jyoti Mohan
327	Porishmita Konwar	362	Panchami Buragohain	397	Jyotishman Konwar
328	Jyotshna Mech	363	Dimpy Kukurachowa	398	Biswajit Das
329	Pronami Buragohain	364	Nitumoni Saikia	399	Rimpee Gogoi
330	Bulumoni Phukon	365	Abhinash Charukia	400	Dibjyoti Chetia
331	Arup Jyoti Phukan	366	Smriti Rekha Neog	401	Minal Rajkonwar
332	Ananya Changmai	367	Ananya Kalita	402	Himangshu Gogoi
333	Bhairabi Gogoi	368	Trishnamoni Dutta	403	Sumitra Chetia
334	Himadree Borah	369	Bishal Guri	404	Manash Jyoti Patar
335	Lovely Rajkumari	370	Bidisha Chetia	405	Roktim Borgohain
336	Dibakar Borgohain	371	Himanshu Boruah	406	Bhargove Teli
337	Junaid Ahmed	372	Kalyani Phukon	407	Deepamoni Buragohain
338	Trishnali Changmai	373	Tonmoyee Borah	408	Litumoni Borgohain
339	Biki Konwar	374	Babypriya Arandhara	409	Gayatri Gogoi
340	Arnob Gogoi	375	Sumana Chutia	410	Trideep Borgohain
341	Nikita Dey	376	Chinmoy Gogoi	411	Litu Handique
342	Bhaskar Gogoi	377	Arun Jyoti Thakur	412	Boishnabi Chetia
343	Annaprasanna Kashyop	378	Miss Rimiki Gogoi	413	Aparajita Konwar
344	Mrinmoy Konwar	379	Partha Borgohain	414	Washima Mamtaz Begum
345	Porismita Borgohain	380	Lucky Borah	415	Majida Khatun
346	Debika Chetia	381	Udipta Chetia	416	Syeda Afrin Mumtazina Hussain
347	Ruksana Begum	382	Ayush Dey	417	Syed Abdul Kabir
348	Sabrin Ara Rohman	383	Mrinmoy Phukan	418	Akib Hussain
349	Sri Sanjeev Gogoi	384	Chinmoy Changmai	419	Nazrana Begum
350	Tabasum Saikia	385	Puja Boruah	420	Aftab Hussain



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421	Mitali Gogoi	456	Ankita Borah	491	Priyanka Gogoi
422	Huntara Chitrakor	457	Proytukh Pator	492	Bhagyashree Dutta
423	Nayanee Dutta	458	Animesh Gogoi	493	Bornali Phukon
424	Gayatri Dehingia	459	Borakha Pator	494	Anjali Kurmi
425	Nayanmoni Buragohain	460	Sabita Barhoi	495	Dikshita Konwar
426	Purba Changmai	461	Amorjyoti Gogoi	496	Biswajit Sahu
427	Sebika Phukon	462	Astha Rajkumari	497	Echa Mech
428	Puspanjoli Bora	463	Minmoy Rajkonwar	498	Chayan Gogoi
429	Sehnaj E R Ahmed	464	Bijay Yadav	499	Nayan Pahi Nath
430	Ankita Buragohain	465	Sangita Chetia	500	Nawab Sami Ali
431	Prachika Gogoi	466	Manash Jyoti Gogoi	501	Krishnan Handique
432	Deepraj Lahon	467	Kasturi Bhuyan	502	Udoy Patar
433	Madhuri Borgohain	468	Priyanka Mahatu	503	Kamal Chetia
434	Swapnali Gogoi	469	Drupad Borgohain	504	Riya Paul
435	Disha Chetia	470	Jubita Khonikor	505	Rijuwana Yasmin
436	Neha Duwarah	471	Monisha Panging	506	Dibyajyoti Phukan
437	Janmoni Gogoi	472	Porakh Rajkonwar	507	Krishna Moni Dutta
438	Niharika Konwar	473	Tendon Borgohain	508	Rikhov Raj Neog
439	Sahin Akhter Hussain	474	Jit Arandhara	509	Pratikshya Chetia
440	Ankur Rajkonwar	475	Munmi Gohain	510	Gayatri Borgohain
441	Jintu Borgohain	476	Niharika Gogoi	511	Laily Buragohain
442	Debajit Konwar	477	Rajdeep Handique	512	Sumon Buragohain
443	Dimpi Bailung	478	Prashan Taye	513	Lakhipriya Lahon
444	Ujjal Guwala	479	Chinmoy Gogoi	514	Aftabur Rohman
445	Priyanka Ghosh	480	Pritty Saikia	515	Alakesh Gogoi
446	Junmoni Chetia	481	Sumon Suklaboidya	516	Rahul Konwar
447	Momi Boruah	482	Albart Rajkonwar	517	Samikhya Saikia
448	Kalpajyoti Arandhara	483	Nilakhee Konwar	518	Sunali Shyam
449	Dharitri Rajkumari	484	Bikash Phukon	519	Imdadul Hussain
450	Latahree Borgohain	485	Suvasish Buragohain	520	Geetarthee Gogoi
451	Himadri Gogoi	486	Manash Pratim Kalita	521	Devashyam Dutta
452	Mridusmita Mohan	487	Gautam Gogoi	522	Bitu Kumar Sahu
453	Lukumoni Dehingia	488	Tanisha Sharma	523	Jintu Chetia
454	Gitashri Gogoi	489	Rikiraja Konwar	524	Arun Handique
455	Arabinda Konwar	490	Angkita Gogoi	525	Jyotish Saikia



SL No	Name of the Participants	SL No	Name of the Participants
526	Munmin Chetia	561	Dimpal Gogoi
527	Bivash Ranjan Saikia	562	Pahi Phukan
528	Santanu Koushik Borgohain	563	Progyan Phukon
529	Ashim Bikash Borah	564	Mousumi Begum
530	Akash Protim Das	565	Shyamol Boruah
531	Manash Chetia	566	Pakhi Dowarah
532	Mridupabon Gogoi	567	Parmi Kakoti
533	Himashri Borah	568	Akansya Kalita
534	Jyotishmoy Handique	569	Ritupan Gogoi
535	Rintu Chetia	570	Kalpajyoti Konwar
536	Roshmi Guwala	571	Hirok Jyoti Chetia
537	Amon Kakoty	572	Juri Duarah
538	Poran Jyoti Gogoi	573	Monalisha Pator
539	Ankita Gogoi	574	Anika Tahsin Rahman
540	Aimee Konwar	575	Jyotimoni Arandhara
541	Horesh Kurmi	576	Sumon Konwar
542	Poran Borkakoty	577	Udipta Moupia
543	Barbie Konwar	578	Liza Sultana
544	Karan Chetri	579	Dimpi Rani Phukan
545	Bhaskar Jyoti Chetia	580	Aftab Ullah Ahmed
546	Jishu Gogoi	581	Aftab Hussain
547	Ram Ratan Tiwari	582	Anindita Gogoi
548	Mondita Konwar	583	Krishnamoni Chetia
549	Ratul Ali	584	Rajdip Phukon
550	Rakhi Gharphalia	585	Sultana Begum
551	Abhijit Baruah	586	Manshi Saikia
552	Devabrat Dehingia	587	Niharika Boruah
553	Debasish Gogoi	588	Anisha Phukon
554	Bhavishnu Borgohain	589	Siranjit Konwar
555	Madhujya Bezboruah	590	Dhurbajyoti Gogoi
556	Akhter Zaheer Ahmed	591	Sonu Ali
557	Jyotishman Lahon	592	Rima Borgohain
558	Priyanchi Dowarah	593	Kobita Gogoi
559	Priyanuj Protim Gogoi	594	Manashjyoti Charukia
560	Narjilin Duwari	595	Lakhimoni Boruah



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News Paper Coverage

Gargaon College organizes Workshop on Joining Armed Forces

Khairuddin Ahmed, Sibsagar, Apr 28: With an aim to spread awareness and motivate students to take up Armed Forces as a career option, The Internal Quality Assurance Cell and Career Counselling and Guidance Cell of Gargaon College in collaboration with 12 Assam Rifles organized a workshop on 'Joining Armed Forces' at Gargaon College on 28th April, 2022. The workshop was inaugurated by Dr. Rina Handique, Vice Principal of Gargaon College. In her inaugural speech, Dr. Rina Handique spoke about the importance of choosing Armed Forces as a career by the students.

She also highlighted on the various approaches and scope to join the Indian army. Maj. Jonah Halem and Captain Bivash Biswas were invited as Resource persons for the programme. The Resource person, Maj. Jonah Halem delivered a motivational speech to the students and spoke about the various details to get recruited in Armed Forces. In his deliberation, he talked about the eligibility criteria and scope for joining the Armed Forces. He also focused on some approaches and guidelines essential for joining combined Defence Service and NCC Entry Schemes as well. While motivating the students, Maj. Jonah Halem said that by joining Armed Forces, one can serve the nation with sincerity, determination and honesty. Captain Biswas also motivated the students to work towards joining the Armed Forces for serving the nation. The workshop ended with a fruitful interaction by the students. Around 300 students of the college participated in the programme. The workshop was coordinated by Dr. Dilip Kumar Deka, Associate Professor of the Department of Geography and Coordinator of Career Counselling and Guidance Cell, Gargaon

(Dr. Dilip Kr Deka)
Coordinator